

Signage Policy

Signage for Monhegan Associates encompasses trail markers, primary trail arrows, ecology signs, special signs, trail maps, and components of the Monhegan Associates website. In keeping with the Association's desire to preserve the natural state of the wildlands, signage along trails is kept to a minimum and uses only natural materials, with the exception of paint and screws. The Association acknowledges the need to provide information to visitors that will allow them to enjoy the wildlands, while also protecting both visitor and wildlands.

Near the end of this policy, there is a section on sign construction that gives the specifications of the materials used for signage along trails.

Trail Markers - As stated in the Trails Policy, "trails should be marked at each end and at junctions with an approved trail sign (about 2.5 inches square, with a green background and white lettering or numerals). Painting of trail signs directly on rocks or trees is not in keeping with the aims of [and thus prohibited by] the Trails Committee." Specifications for trail markers are:

- Dimensions: 2.5" x 2.5"
- Mounting: fasten the block to trees, stumps, or driftwood or posts (in this order of preference)
- Height: 5' to 6' above the ground if placed on trees or 2' to 4' above the ground if placed on a stump, driftwood, or post
- trail markers should be placed within 10 feet of the start of the trail
- at intersections, a concerted effort should be made to place trail markers clearly within the first 10 feet of each trail. In some cases, it may be appropriate to place two trail markers next to each other with appropriate arrows pointing in the direction of each trail.

Primary Trail Arrows in Village - For the primary trails to the headlands (#4, #7, and #10) and Lobster Cove, signs with trail names along the road should be used to assist hikers in finding the start of these trails. Specifications for primary trail arrows within the village are:

- Dimensions: 30" x 6" boards with a point on one end
- Mounting: Posts
- Height: 2' to 3' above the ground
- Monhegan Associates' signs placed on private property require prior approval of the property owner. Monhegan Associates' signs placed at the edge of a Plantation road require prior approval of the Road Commissioner.

Sign Construction - All MAI Trail signs (aside from the Trail Map) will use the following materials. All materials and tools for construction and preparation of signs should be stored in the Trails Shed. The Trails Committee Chair is responsible for ordering materials and prepping boards for painting and assembly.

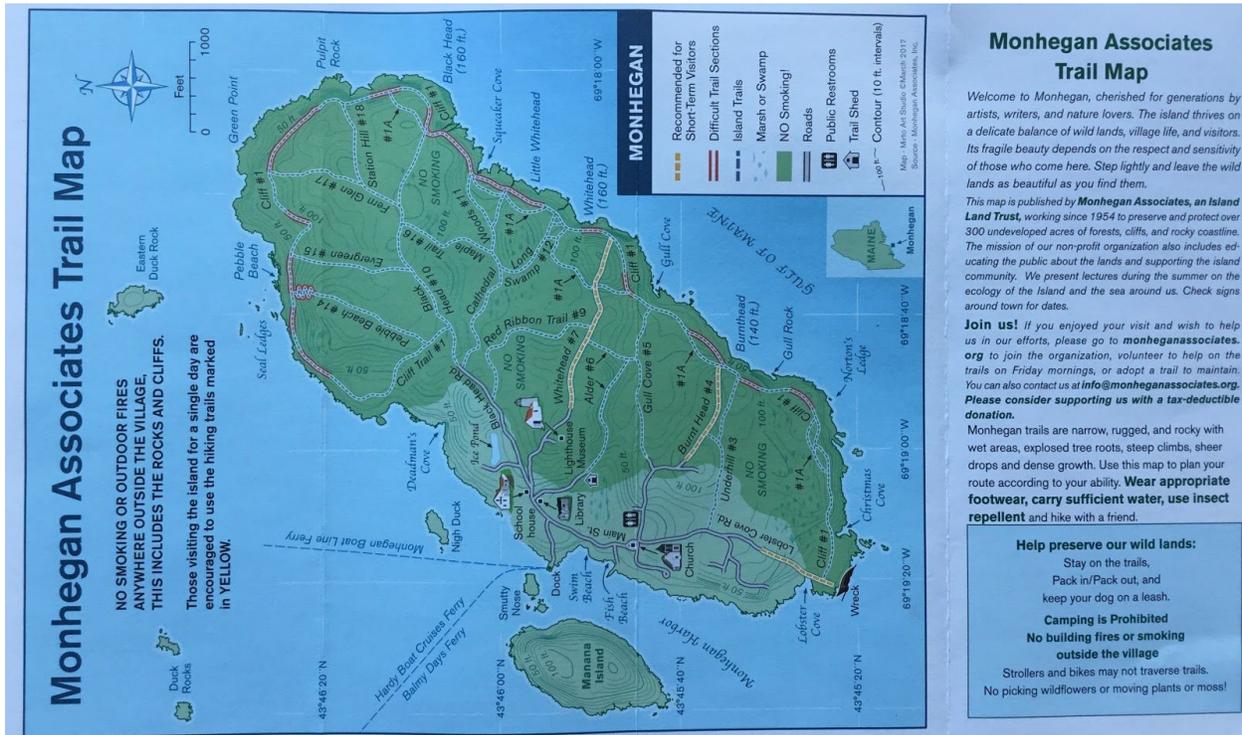
- Signs will be made of $\frac{3}{4}$ inch Northern White Cedar
- Once signs are cut to desired dimensions, a $\frac{1}{16}$ " to $\frac{1}{8}$ " bevel along all edges should be made
- Prior to painting, necessary $\frac{1}{8}$ " holes should be pre-drilled accordingly:
 - 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " Signs - 1 hole in middle
 - 8" x 6" Signs - 2 holes centered vertically 1 $\frac{1}{2}$ " from top and bottom
 - 10" x 12" - 2 holes centered vertically or horizontally depending on mounting. The holes should be 2" from each edge
 - 30" x 6" Signs - 2 holes centered vertically 1 $\frac{1}{2}$ " from top and bottom
- Sign will be painted Hunter Green with an Exterior Acrylic Latex
- Wording on the signs will be painted with White Exterior Acrylic Latex
- Numbers for trails are created with 2" brass block number stencils
- 1.5" x 1.5" x 48" Northern White Cedar posts should be used to mount signs which cannot be displayed using a tree, stump, or driftwood. Posts should not be treated or painted. They should be hammered into to ground rough 1 foot leaving 2 to 3 feet of the post above ground. The appropriate sign should then be mounted at the top of the post.
- 1 $\frac{1}{2}$ " galvanized phillips-head deck screw should be used to fasten the signs to trees, posts, stumps, or driftwood.
- Wording should be in ALL CAPS with letters 1.5" to 2" tall and roughly follow a Block letter font. Since words will be drawn freehand, these may have greater variability

Trail Maps - Trail Maps are printed by Monhegan Associates and sold for \$1 via map boxes scattered around town, the boat lines, and hotels on the island. The trail maps provide hikers with the most accessible and relevant information regarding trails. Additionally, they are a significant revenue source for the Association. Trail Maps should be reviewed annually to determine if minor revisions need to be made. The Trails Committee should consider revisions and/or changes in design every time the map is reprinted. The following is significant information about the trail maps.

- Lincoln County Publishing in New Castle does the printing.
- the Hardy Boat has picked the maps up from the printer and delivered them to the island.
- revisions to the map are made through a Trails Committee Co-Chair in coordination with Mirto Art Studios in Brunswick
- a Monhegan Associates volunteer has coordinated map sales and orders new maps as needed
- a significant revision to the maps occurred in 2017.

See addendum for a copy of the current Trail Map.

Addendum: Below is the 2017 Trail Map



Monhegan Associates Trail Map

Welcome to Monhegan, cherished for generations by artists, writers, and nature lovers. The island thrives on a delicate balance of wild lands, village life, and visitors. Its fragile beauty depends on the respect and sensitivity of those who come here. Step lightly and leave the wild lands as beautiful as you find them.

This map is published by **Monhegan Associates, an Island Land Trust**, working since 1954 to preserve and protect over 300 undeveloped acres of forests, cliffs, and rocky coastline. The mission of our non-profit organization also includes educating the public about the lands and supporting the island community. We present lectures during the summer on the ecology of the Island and the sea around us. Check signs around town for dates.

Join us! If you enjoyed your visit and wish to help us in our efforts, please go to monheganassociates.org to join the organization, volunteer to help on the trails on Friday mornings, or adopt a trail to maintain. You can also contact us at info@monheganassociates.org. Please consider supporting us with a tax-deductible donation.

Monhegan trails are narrow, rugged, and rocky with wet areas, exposed tree roots, steep climbs, sheer drops and dense growth. Use this map to plan your route according to your ability. **Wear appropriate footwear, carry sufficient water, use insect repellent and hike with a friend.**

Help preserve our wild lands:
 Stay on the trails.
 Pack in/Pack out, and keep your dog on a leash.
Camping is Prohibited
 No building fires or smoking outside the village.
 Strollers and bikes may not traverse trails.
 No picking wildflowers or moving plants or moss!

About Monhegan Island

Monhegan Island is about .7 of a mile wide and 1.7 miles long. Monhegan is hilly: time required to walk a trail is greater than that needed on level ground.

From the wharf: Go up hill to north-south Main Street.

Turn **right** (south) to reach the center of the **Village**, restaurants and public toilets, a small Swim Beach, **Burnthead** Trail, and Lobster Cove.

Turn **left** (north) to reach the Library, the Schoolhouse, the **Lighthouse/Museum, Whitehead Trail**, etc.

The Village. There are art galleries, shops, food, a small beach, a working harbor. Year-round and summer residents enjoy a church, library, and school.

★ **The Monhegan Museum of Art & History**, housed in the former keeper's house on the Lighthouse grounds, is on the Registry of American Historic Sites. It is open seasonally, and is well worth a visit. **The Lighthouse** was built in 1824; though it still shines, it hasn't been manned since 1959 and is now controlled by computer. See www.monheganmuseum.org for info.

The Monhegan Library has in its collection several histories of Monhegan, local historical albums, a land use survey of the island, and a volume of minutes of the Monhegan Associates' recent annual meetings.

Ice Pond: Gulls and ducks frequent this privately owned pond. Don't wade, swim, or throw trash there.

Boat Trips around the Island: an overview of the island; see bulletin board at wharf for time.

Public toilets (free) are located behind the Monhegan House. **There are no trash cans, shops, or bathrooms on the trails.**

See notices posted around town for hours and information on other community activities.

Trail Highlights

Trails are marked at each end and at junctions with white trail numbers on small green blocks of wood on trees. Please do not disturb or build cairns; build fairy houses only on Cathedral Woods Trail #11.

Caution:
The trails on this map run through woodlands and over cliffs. They are on private land; please stay on the trails.
BE ALERT FOR POISON IVY!
Stay well above the high tide line and black rocks on the headlands side of the island, between Green Point and Lobster Cove. Do not swim, wade, or scuba dive in these areas. Tidal currents and undertow make rescue impossible.

- 1 Cliff.** Encircles the island, from Lobster Cove to north end. Many parts are exposed, strenuous, and very difficult. Spectacular views, but several hours are required to complete this trail.
- ★ **Lobster Cove:** Follow Main Road south to narrow trail which leads to rocky coast and the wreck of the D.T. Sheridan, an old tugboat. Beautiful views, picnic on rocks, but **stay well back from surf.** (about 30 min. steady walking from Wharf.)
- 1a** Bypasses some difficult spots on **Trail 1.**
- 3 Underhill.** Fairly level trail through woods, gentle incline to Burnthead. Take Lobster Cove road beyond Trailing Yaw and turn left into woods just beyond red house with picket fence. Wet areas likely.

- 4 ★ Burnthead:** Easy trail but difficult climb to get to it. The closest headland to reach from the Village. Ascend steep Horn Hill next to Monhegan House. At top, follow signs on fork to right. Level trail, mostly in meadows, to (about 45 min. steady walking from Wharf.)
- 5 Gull Cove.** Moderate. Next to Monhegan House, ascend steep Horn Hill. At the top, turn left toward Hitchcock House and look for **Trail #5** on right. Fairly easy trail to Gull Cove, where you can view the headlands from sea level.
- 6 Alder:** Narrow but level trail. Take Main Street north to the Library and follow branch to right (Tribler Road) along meadow. Look for **Trail #6** sign on the left. Trail runs through woods. Look for a **#6** where the trail branches. Follow the left branch to **Trail #7**. The right branch connects with **Trail #5**.
- 7 ★ Whitehead:** Moderate trail with some climbing, to sea views. Take Main Road past the Library, bear right at fork up steep Lighthouse Hill road. Continue past Lighthouse and Museum (see left), across the ball field, into the woods. (about 30 min. steady walking from Wharf.)
- 9 Red Ribbon.** Moderate. Woodland trail leading to Whitehead trail. Follow Main Street from Village past Library bear left at fork just beyond Schoolhouse onto Cathedral Woods Road. Turn right at red ribbon tent on tree. Trail ends at **Trail #7**.
- 10 Blackhead.** Moderate but end difficult (see map). Main trail head for several other trails. Wide path through woods and marshy spots almost to the end. Traverse to the headland itself is difficult and trails difficult to follow. Follow Main Street as for **#9**. **Trail #10** begins where road ends.

★ Recommended for short term visitors

- 11 Cathedral Woods.** Moderate. Follow Main Street for **#10** as above; take second trail to the right. Some distance into the woods there is a fork at a big rock. The right fork (**#12**) leads to Little Whitehead. The left fork continues as Cathedral Woods **#11**. Soon you will see Maple Trail **#16** on the left. Past Maple Trail **#11** leads to **Trail #1** at Squeaker Cove, a place for *cautious* surf watching. This trail is the only one on which fairy houses may be built. Use only natural materials; don't disturb living plants or bring materials into the woods.
- 14 Pebble Beach.** Woodland trail over rock outcroppings to northern ledges. Follow directions to **#10** as above, then turn left beyond the end of the road. Follow markers to **#14**.
- 15 Evergreen.** Moderate to difficult. Another route to northern ledges. Woodland trail forking left off **#10** beyond the entrance to trails **#1** and **#14**.
- 16 Maple.** Moderate. Meandering trail between Blackhead trail and Cathedral Woods (see **#11**).
- 17 Fern Glen.** Moderate. Woodland trail to Pulpit Rock area. Follow **#10** (left) to trail head on left beyond **#15**. At junction take left path. Trail to **#1** is moderate but between **#1** and the headland at Pulpit Rock are some difficult areas.
- 18 Station Hill.** Moderate. Another route to Pulpit Rock area. Follow **#10** (see left) and turn left onto **#17**. At fork bear right at **#18** marker.

PLEASE REMEMBER:
NO SMOKING OUTSIDE THE VILLAGE
NO FIRES, NO CAMPING